



*Like many in the industry, Thunder LB3/Atlanta Storm Lacrosse is continuing to monitor the latest updates to the coronavirus (COVID-19) situation to best assist the lacrosse community.*

*To begin, it's imperative we all follow the [guidelines provided by the Centers for Disease Control and Prevention](#) (CDC). The CDC resources are continually updated as new information arises so please check back regularly.*

*At this point in time, Thunder LB3/Atlanta Storm Lacrosse has no plans to cancel any of its upcoming events. However, that decision is subject to change based on decisions by federal, state, local or other public health authorities.*

*Below is a list of basic guidelines from the CDC that will guide us all in helping to prevent the spread of respiratory illnesses:*

- Avoid close contact with people who are sick.*
- Avoid touching your eyes, nose, and mouth.*
- Stay home when you are sick.*
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.*
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.*
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.*

*As it relates specifically to lacrosse, we suggest the following additional preventative measures:*

- Encourage anyone who is sick (players, coaches, officials, fans) to stay away from activities. Consider encouraging fans with medical conditions (i.e. heart or pulmonary conditions, diabetes) that may make them more at risk for COVID-19 to avoid mass gatherings.*
- Avoid handshakes in postgame handshake lines.*
- Use good hygiene practices with water bottles.*
- Properly clean and sanitize lacrosse equipment.*
- Bring hand sanitizer to events.*

*We encourage individuals to contact their local healthcare providers and public health authorities if they have questions or concerns regarding individual medical advice. Given the rapidly evolving nature of this situation, please continue to monitor information from the CDC, and state and local public health authorities, and will share any updates that relate directly to the lacrosse community.*